

St Luke's Pre-School

Giving children the wish
to learn Since 1966



Temple Visit Monday 9th November 2015

We will be visiting the local Sikh Temple on Monday the 9th November between 9:30 and 10:30am.

THE MORNING SESSION WILL COMMENCE AT THE TEMPLE AND NOT THE PRE-SCHOOL.

The Temple address is:

Medway Towns,
Gurudwara Sabha,
1-5 Lankester Park Road
Rochester
ME1 3QU

This is just past Kidzone on Rochester Maidstone Road.

All parents / carers are welcome to join us, with everyone encouraged to meet at the temple by 9:30. The staff will be there to meet you from 9:15. The visit will last about an hour and will involve a look around, biscuits and a drink followed by a walk back to the pre-school. We will be arriving back to St Lukes at approximately 11:15 and day will continue as normal. Please ensure they have appropriate clothing for the walk back to the nursery. Lunch boxes will need to be brought to the Temple and staff will take them back to the Pre-School.

No alcohol or Tabaco is allowed on the Temples premises. Visitors are required to remove shoes and cover their heads once inside; clean head scarves will be provided for the Children.

If you require any more information please do not hesitate to contact a member of staff.

We are collecting cardboard kitchen roll centres, any you have, would be most helpful!

If you can afford to do so, snack donations are much appreciated

This month's sounds are:

'F' 2nd - 13th November

'G' 16th - 30th November



Find us on
Facebook

All the news, weather warnings, event reminders and dates for your dairy, search for St Lukes Preschool (Rochester)

This month we...



We made fairy bread and learnt about Egypt. We dressed as mummies and painted their flag.

Children In Need



2nd - 13th November buy your Pudsey ears and/or Pudsey Blush wrist band. Suggested donations are £2.50 and £1

13th November we will be supporting Children in Need by putting on our Pudsey ears and asking the children to come to school in any dressing up outfit

Parent & Teacher Meetings

Parent/Teacher meetings will be held in the afternoon of **12th November 2015**. Please speak to your child's keyworker to arrange a mutually convenient time to discuss your child's progress if you have not already done so. Please be reminded that there will not be a lunch club.

"Happy Birthday"

Ibtesham is 3



Breakfast with Father Christmas

Due to Father Christmas incredibly busy schedule, he will be visiting us a little earlier this year. We will now be enjoying breakfast with Father Christmas on the **21st November 2015** (and not the 5th December as previously advised). A letter will be sent out to all parents with more details soon.

Committee Meeting

The next committee meeting will be held in the small hall at S Lukes on Thursday the **12th November from 9:30 am**. All parents/carers are welcome to attend with toys being provided for younger siblings. Please come along and get involved in our Christmas preparation. All help and support is much appreciated.

Dates for your diary

Monday 9th November - Sikh Temple visit. Pre-school starts from there at 9:30. Parents/carers welcome.

Thursday 12th November - Parent interviews to discuss your child's progress with his/her keyworker; please book your appointment now. **Friday 13th November** - Children in Need Day. Children can come to pre-school in their favourite dress-up and you can make a donation to the Foodbank.

Saturday 21st December - Breakfast with Father Christmas; book a time slot with Staff

Can't make it to school?

1. **Call us** Please let us know if your child will be absent by calling 01634 819 809 on the day
2. **Not via Facebook!** Messages left on facebook page may not reach staff members.
3. **Tell us** If you know you are going to be away head of time, just left the staff know when you see them or leave a message on the answerphone

Show and tell Friday:

Every Friday children are encouraged to bring something in relating to that weeks phonic F: Frog (toy), Father (photo)...

Tell me Tree -

Thank you to everyone who has added a leaf to the tree. These are read out in circle time enabling children to share their achievements and news such as family birthdays, dance shows, Natural History Museum....

Quick Recipe: French Toast:

Ingredients (serves 2-4)

4 eggs
Olive Oil
4 slice of bread
Chopped Fruit and/or nuts to serve

1. Crack all four eggs in a bowl and beat
2. Heat the oil in a frying pan
3. When the oil is hot, dip one piece of bread in the egg, coating both sides - it's easier to do this if the egg is in a flat dish, for example a small baking tray
4. Transfer the soaked bread to the hot pan and leave it to cook for 1-2 minutes, turn it over and cook the other side
5. Once finished set to one side and repeat with the rest of the bread
6. Serve the egg bread with chopped fruit and/or nuts

Lunch box rules:

- **NO Nuts this is due to allergies and includes Nutella**
- **No Fruit juices squash etc., plain water only. Milk will be provided at lunch time**
- **Cut grapes and cocktail sausages length ways to help prevent choking**